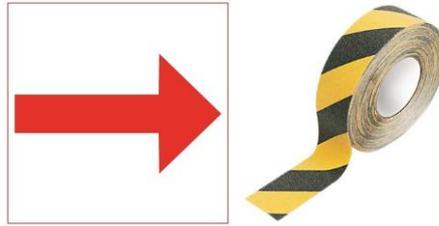


# Written Race Briefing. Kids Dash Event.

## RUN & WALK



**Follow red directional arrows at all turns.  
Continue straight ahead where there are no arrows.  
In the short trail sections follow all black and yellow tape.**

### The Start Area

- Your start time is 1.10pm. The event will begin on the sound of a horn.
- Late registration assistance & gear bag service is operational 1 hour pre start time and closes 10 minutes before the event's start time.
- Water and toilets are available in and around the start area.
- Please ensure your race number is on your front and is kept visible to marshals throughout the event (your timing transponder is on the back of your number).
- Please move off the start line safely and be considerate of other entrants. You have plenty of time to catch and overtake other entrants and the event won't be won in the first 100 metres.

### Following Your Event Course, Aid Stations and Medical Assistance

- Important intersections on your event course have been marked with red arrows (example shown above).
- A lane using yellow rope has been created in parts of the event course to keep entrants heading in the direction required – please do not cross over/go under any yellow rope.
- Your event course is on Matiatia grass reserve and trails in and around the Matiatia reserve.
- Please follow all event marshals' instructions.
- There are no water stops on your event course so please begin the course well hydrated.
- There is medical support provided by St John available at the finish area at Matiatia Reserve. If you need urgent medical attention on the event course please inform the closest event marshal or dial 111 as soon as possible.

**Enjoy your event experience at the 2020 Fullers Wharf2Wharf Event.  
We'll see you at the finish line.**